



The Village Crier

April • 2018

BERMUDA VILLAGE COLLEGE MONTHLY SEMINAR: COGNITIVE CHALLENGES AND TREATMENT DISCOVERIES

Tuesday, April 17
10:30 AM Living Room

- ◆ Age-related cognitive decline is a major concern
- ◆ Many factors have been linked to this issue
- ◆ *Cognitive Therapy* will be addressed by Legacy Healthcare Services therapist
- ◆ Discoveries found in the *Awakening from Alzheimer's* series will be shared by Bermuda Village resident

WINSTON-SALEM WALK TO DEFEAT ALS

Saturday, April 28

9 AM Depart (BB&T Field, Wake Forest University)

- ◆ Support Team Angell: walk with us or make a donation
- ◆ Funds raised expand programs and services for people living with ALS in our community

WINSTON-SALEM DASH BASEBALL (White Sox) VS. LYNCHBURG HILLCATS (Indians)

Wednesday, May 2
10 AM Depart (11 AM Game)

- ◆ Annual Bermuda Village outing to BB&T Baseball Park for a daytime game
- ◆ Ticket includes unlimited ballpark fare and soft drinks from the designated Carolina Plan vendor window
- ◆ Our group has been upgraded to a suite (14 covered outdoor seats and 6 air-conditioned seats with closed circuit TV)
- ◆ **Sign up at the Front Desk, with \$21 check made payable to Batangas Consulting, as soon as possible**

APRIL BIRTHDAYS

Alvin Hooks	2
Mary Lou James.....	2
Vicki Twyman	2
Juanita Toleman	4
Roger Chilton.....	5
Ruth Hollodick.....	5
Lucille Hope.....	6
Loretta Moncrieff.....	6
Marilyn Haas.....	7
Joe Smith.....	9
Elaine Graybeal.....	10
Barbara Smith	10
Ann Agresti	11
Lois Myers	11
Mary Bush.....	12
Anna Gardner.....	12
Daniel Jennings.....	13
Tom Irwin.....	17
Howard Dickson	20
Joyce Johnson	22
Bill Ware	22
Gretchen Howerton.....	23
Ilona Rogers	24
George Jensen	25
Karen Rankin	25
Taffy Rider	25
Jean Shaffer.....	25
Charles Stone	26
Mary McMasters.....	28
Bob Roach.....	28
Trudy Snead	29
Joyce Sweeten.....	29

APRIL ANNIVERSARIES

Carol Jeane & Alvin Hooks . 5	Sarah & James Harvey..... 14
Barbara & Dean Henrichs.... 8	Joyce & David Gibbs..... 23
Judi & Phil Edwards	14 Su & Everett Clark..... 26



CAREGIVERS' SUPPORT GROUP

Tuesday, April 3

3 PM Redbud 1st Floor Parlor

- ◆ Honest discussion of challenges including personal care, behaviors and decisions
- ◆ Professional and personal insight

SINGLE RESIDENTS MONTHLY DINNER

Wednesday, April 4

6 PM Dining Room

- ◆ Committee issues invitation each month and arranges table seating
- ◆ Volunteer calls for your response

COFFEE HOUR

April 6 & 20

10 AM Pub

- ◆ Chef prepared delights & brewed coffee
- ◆ Relaxed setting for fellowship

PARLOR GAMES

April 9 & 23

3 PM Multipurpose Room

- ◆ Invite friend & bring favorite game
- ◆ Light refreshments provided

SINGLES SOIRÉE DINNER OUTING

Tuesday, April 10 5:30 PM Depart
Mulligans (BRCC West)

- ◆ Monthly social gathering for residents without a consistent dining partner
- ◆ *Walk-in seating only; no reservations*
- ◆ Sign up for bus by noon, April 9

CELEBRATE COMMUNITY AT HAPPY HOUR

Friday, April 27

5 PM Living Room

- ◆ Place beverage order with server
- ◆ Nibble complimentary appetizers
- ◆ Meet and greet neighbors
- ◆ **Reservations required FOR DINNER service by 2:30 PM**

VESPER WORSHIP

Sundays at 4:30 PM Bermuda Village Chapel

- ◆ Weekly devotional services representing various Christian traditions
- ◆ Communion will be administered at the end of the first Sunday service of the month

April 1

Barbara Meredith
Pleasant Ridge
Christian Church

April 8

Tom Southern
Baptist Minister
Retired

April 15

Glenn Miller
Methodist Minister
Retired

April 22

Hymn Sing

April 29

Hank Keating
Reynolda Church
E.P.C.

CATHOLIC MASS

Monday, April 2

4 PM Bermuda Village Chapel

PRAY THE ROSARY

Monday, April 16

3 PM Bermuda Village Chapel

BIBLE STUDY OPPORTUNITIES AT BERMUDA VILLAGE

BV BIBLE STUDY

April 5 & 19 1:30 PM
Magnolia 1st Floor Parlor
Reading list and discussion
questions placed in Mailroom
during week prior

HEBREW BIBLE STUDY

April 9 6:30 PM
Living Room
Perspective of original language,
culture and traditions
of people of Israel

LADIES BIBLE STUDY

April 10 & 24 10 AM
Dining Room
Sponsor:
Grace Lutheran Church

APRIL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:30 AM – 2 PM Easter Brunch Buffet 4:30 PM Vesper Worship Barbara Meredith Pleasant Ridge Christian Church 7 PM Movie <i>Beatriz at Dinner</i>	2 4 PM Catholic Mass	3 1:30 PM Shop Thruway 2:30 PM Computer Class 3 PM Caregivers’ Support Group	4 1:30 PM Knit One, Sew Too <i>Redbud 1st Floor Parlor</i> 6 PM Single Residents Monthly Dinner	5 10:30 AM Outdoor Putting Practice 1:30 PM BV Bible Study	6 10 AM Coffee Hour 1 PM Duplicate Bridge 1:30 PM Shop Food Lion	7 2 PM Movie <i>Abacus</i> 6:45 PM Depart Cantata Singers <i>UNC School of Arts</i>
8 1:15 PM Depart Spring Awakening <i>Wake Forest University</i> 4:30 PM Vesper Worship Tom Southern Retired Baptist 7 PM Movie <i>Abacus</i>	9 3 PM Parlor Games 6:30 PM Hebrew Bible Study	10 10 AM Ladies Bible Study 1:30 PM Shop Walmart 1:30 PM Hearing Aid Clinic 5:30 PM Depart Singles Soirée Dinner Outing	11 1:30 PM Knit One, Sew Too	12 9:30 AM Bermuda Run Bridge Group 10:30 AM Bocce Practice	13 1:30 PM Shop Lowes Foods 6:30 PM Depart Almost Heaven <i>Yadkinville</i>	14 2 PM Movie <i>Certain Women</i> 6:45 PM Depart Some Enchanted Evening <i>Little Theatre</i>
15 4:30 PM Vesper Worship Glenn Miller Retired Methodist 7 PM Movie <i>Certain Women</i>	16 3 PM Pray the Rosary	17 10:30 AM BV College Seminar 1:30 PM Shop Clemmons 2:30 PM Computer Class	18 1:30 PM Knit One, Sew Too BIRTHDAY NIGHT 5:30 – 7:30 PM Tom LaRock <i>Guitar & Vocals</i>	19 10:30 AM Book Club 1:30 PM BV Bible Study 2:30 PM Wine Aficionados 6:45 PM Depart Spring Dance Concert <i>UNC School of Arts</i>	20 10 AM Coffee Hour 1 PM Duplicate Bridge 1:30 PM Shop Food Lion 6:45 PM Depart Impressions de Pelléas <i>UNC School of Arts</i>	21 9 AM – 12 PM Document Shredding <i>Bermuda Run Town Hall</i> 2 PM Movie <i>Lady Macbeth</i> 6:45 PM Depart Music of David Bowie <i>W-S Symphony</i>
22 4:30 PM Vesper Worship Hymn Sing 7 PM Movie <i>Lady Macbeth</i>	23 3 PM Parlor Games	24 10 AM Ladies Bible Study 1:30 PM Shop Robinhood Road 2:30 PM BINGO	25 1:30 PM Knit One, Sew Too	26 10:30 AM Croquet Practice 6:45 PM Depart Student Choreography <i>Wake Forest University</i>	27 1:30 PM Shop Lowes Foods 5 PM Celebrate Community at Happy Hour	28 9 AM Depart Walk to Defeat ALS 2 PM Movie <i>Battle of the Sexes</i>
29 4:30 PM Vesper Worship Hank Keating Reynolda Church E.P.C. 7 PM Movie <i>Battle of the Sexes</i>	30 2:30 PM Shuffleboard Practice 5:30 – 7:30 PM End of Month Dinner Buffet	APRIL ACTIVITY CALENDAR Complimentary transportation is available to Bermuda Run Country Club (BRCC) for evening dining on Sunday and Tuesday. Sign up with the Front Desk for transportation by noon on the day before the meal. Sunday – Depart at 4 PM for BRCC East and pick up at 6 PM <i>Reservation required</i> Tuesday – Depart at 5:30 PM for Mulligans (BRCC West) and pick up at 7:30 PM Depart at 6:30 PM for BRCC East and pick up at 8:30 PM <i>Reservation required</i> <i>Residents make their own dining reservations with BRCC East at 336-998-8155.</i>				



TRANSPORTATION REMINDER: To participate in these outings, residents must be able to get onto and off the bus unassisted, and are required to navigate the destination independently.

UNC SCHOOL OF THE ARTS CANTATA SINGERS: ENCHANTED EVENING

Saturday, April 7

6:45 PM Depart (Wake Forest Biotech Place, Downtown Winston-Salem)

- ◆ *Abendlied* (Rheinberger); *Neue Liebeslieder* (Brahms); student compositions; excerpts from *Candide* (occasion of Bernstein's 100th birthday)
- ◆ Concert in 'Emerging Artist Series' is conducted by Nathan Zullinger
- ◆ *This is a FREE program*
- ◆ **Reserve transportation by noon Friday, April 6**

SPRING AWAKENING: Winner of Tony, Drama Desk and Grammy Awards

Sunday, April 8

1:15 PM Depart (Tedford Stage, Scales Fine Arts Center, Wake Forest University)

- ◆ Rock musical based on play by Frank Wedekind explores the effects of suppressed innocent adolescent sexuality
- ◆ Presentation is deeply moving, profoundly beautiful and heart-pounding
- ◆ *Residents purchase their own tickets by contacting Wake Forest Theatre*
- ◆ **Reserve transportation by noon Saturday, April 7**

ALMOST HEAVEN: JOHN DENVER'S AMERICA

Friday, April 13

6:30 PM Depart (Willingham Theater, Yadkinville)

- ◆ Experience a unique theatrical narrative that reflects on our country during a season of social unrest and political protest
- ◆ Twenty-nine of Denver's songs are woven together with stunning visual images of America during the late 1960's and early 1970's
- ◆ *Residents purchase their own tickets by contacting Yadkin Arts Council*
- ◆ **Reserve transportation by noon Thursday, April 12**

SOME ENCHANTED EVENING

Saturday, April 14

6:45 PM Depart (Arts Council Theatre)

- ◆ Celebration of the songs of Richard Rodgers and Oscar Hammerstein
- ◆ Wholesome tunes you know and love from Broadway shows
- ◆ *Residents purchase their own tickets by contacting The Little Theatre*
- ◆ **Reserve transportation by noon Friday, April 13**

UNCSA SPRING DANCE CONCERT

Thursday, April 19

6:45 PM Depart (Stevens Center)

- ◆ Petipa’s *Paquita*, a classical ballet
- ◆ Limón’s modern piece, *A Choreographic Offering*, set to music by Bach
- ◆ Shen Wei’s haunting *Behind Resonance*
- ◆ World premiere of *Concerto*, developed by UNCSA Dean of Dance Susan Jaffe
- ◆ *Residents purchase their own tickets by calling UNC School of the Arts*
- ◆ **Reserve transportation by noon Wednesday, April 18**

IMPRESSIONS DE PELLÉAS

Friday, April 20

6:45 PM Depart (de Mille Theatre)

- ◆ AJ Fletcher Opera Institute production through the ‘Emerging Artist Series’
- ◆ Impressionistic story of ignited and unrequited love
- ◆ Music by Claude Debussy
- ◆ *Residents purchase their own tickets by calling UNC School of the Arts*
- ◆ **Reserve transportation by noon Thursday, April 19**

MUSIC OF DAVID BOWIE

Saturday, April 21

6:45 PM Depart (Reynolds Auditorium)

- ◆ Jessica Morel conducts the Winston-Salem Symphony in a performance with the Jeans ‘n Classics Band
- ◆ Program honors Bowie’s life and music
- ◆ *Residents purchase their own tickets by contacting Winston-Salem Symphony*
- ◆ **Reserve transportation by noon Friday, April 20**

WFU STUDENT CHOREOGRAPHIC CONCERT

Thursday, April 26

6:45 PM Depart (Tedford Stage)

- ◆ Range of styles reflected in dances choreographed by students
- ◆ All students under artist direction of Christina Tsoules Soriano
- ◆ *Residents purchase their own tickets by contacting Wake Forest Theatre*
- ◆ **Reserve transportation by noon Wednesday, April 25**

Residents purchase their own tickets to cultural events. Contact information for box offices is noted below. Remember to reserve transportation with the Front Desk!

Cantata Singers April 7	UNC School of the Arts	FREE CONCERT	
Spring Awakening April 8	Wake Forest Theatre	336-758-5295	college.wfu.edu/theatre
Almost Heaven April 13	Yadkin Arts Council	1-336-679-2941	yadkinarts.org
Some Enchanted Evening April 14	Little Theatre	336-725-4001	thelittletheatreofws.org
Spring Dance Concert April 19	UNC School of the Arts	336-721-1945	uncsa.edu/performances
Impressions de Pelléas April 20	UNC School of the Arts	336-721-1945	uncsa.edu/performances
Music of David Bowie April 21	Winston-Salem Symphony	336-464-0145	wssymphony.org
Student Choreography April 26	Wake Forest Dance	336-758-5295	college.wfu.edu/theatre

GET OUTDOORS WITH THE LIFEFIT DEPARTMENT FOR PRACTICE SESSIONS

Equipment will be provided for most of these events.*

**Bring your own putter and ball to the Outdoor Putting Green.*

Familiarize yourself with excellent recreational facilities maintained for your leisure pursuits.

All skill levels are welcome at these sessions.

<p>OUTDOOR PUTTING Thursday, April 5 10:30 AM BV Putting Green</p>	<p>BOCCE Thursday, April 12 10:30 AM Magnolia Playing Field</p>
<p>CROQUET Thursday, April 26 10:30 AM Magnolia Playing Field</p>	<p>SHUFFLEBOARD Monday, April 30 2:30 PM Shuffleboard Courts</p>

DESKTOP MAGNIFICATION SYSTEM

- ◆ Assists people with low vision
- ◆ Magnifies text and objects with adjustable brightness and contrast
- ◆ **Contact Activities Office to access this generous donation made by the family of Ellen Fountain**

DAVIE COUNTY LIBRARY OUTREACH SERVICE

- ◆ Bag of books traded out the 2nd Tuesday of each month
- ◆ Borrow on honor system from the Activities Office
- ◆ **To request specific titles, contact mkoslofsky@daviecountync.gov**

WEEKEND MOVIES

Saturdays at 2 PM and Sundays at 7 PM unless otherwise noted

<p>April 1</p>	<p><i>Beatriz at Dinner</i> 2017 Rated R</p>	<p>When her car breaks down at the home of rich clients, holistic health practitioner Beatriz is invited to stay for the couple's important dinner party, which becomes a battleground as Beatriz clashes with billionaire real-estate developer Doug.</p>
<p>April 7 & 8</p>	<p><i>Abacus: Small Enough to Jail</i> 2017 Not Rated</p>	<p>This is the saga of the Chinese immigrant Sung family, owners of Abacus Federal Savings of Chinatown, New York. Accused of mortgage fraud, the indictment and trial forces the Sung family to defend themselves, and their bank's legacy in the Chinatown community, over the course of a five-year legal battle.</p>
<p>April 14 & 15</p>	<p><i>Certain Women</i> 2016 Rated R</p>	<p>In this quiet drama, three Montana women try to find their way when life throws them curveballs. As lawyer Laura deals with a hostage crisis, Gina clashes with an elderly neighbor, and ranch hand Jamie becomes smitten with an adult education teacher.</p>
<p>April 21 & 22</p>	<p><i>Lady Macbeth</i> 2017 Rated R</p>	<p>Stifled by her arranged marriage to a middle-aged husband, young Victorian wife Katherine begins an affair with a brash groom who works on the family estate. When scandal erupts, she is prepared to take drastic steps to continue their illicit liaison.</p>
<p>April 28 & 29</p>	<p><i>Battle of the Sexes</i> 2017 Rated PG-13</p>	<p>In 1973, Billie Jean King, the world's No. 2 female tennis player, took on 55-year-old ex-champ Bobby Riggs in a match hyped as the Battle of the Sexes. This sports dramedy delves into the battles being played out in their lives beyond the spotlight.</p>

EASTER BRUNCH BUFFET

Sunday, April 1

11:30 AM – 2 PM Dining Room

- ◆ *May your Easter basket be filled with joy, health and peace this year*
- ◆ Scrumptious buffet featuring many favorite seasonal dishes
- ◆ **Reservations for this holiday meal are required by 2:30 PM Saturday, March 31**

GROUP COMPUTER CLASSES

2:30 PM Multipurpose Room

- ◆ Instructed by Frank Samuelson, self-confessed ‘lifetime computer nerd’
- ◆ Retired from developing technology solutions for large and small companies
- ◆ Enjoys helping others understand the magic of computers

**April 3:
Enhance Your Emails**

**April 17:
Smart Phones**

HEARING CARE CENTER HEARING AID CLINIC

Tuesday, April 10

1:30 PM Redbud 1st Floor Parlor

- ◆ Carol Rexrode, Board Certified Hearing Instrument Specialist
- ◆ Cleaning, checks, change tubes
- ◆ Ear wax removal, otoscopic exams
- ◆ Batteries available for purchase

Having computer issues?

CAT

Computer Assistance Team

Contact:

Dee Irwin; Marv Dickerson
Thomas Brown



BIRTHDAY NIGHT

Wednesday, April 18

5:30 PM – 7:30 PM Dining Room

- ◆ Limited menu, cake, ice cream bar
- ◆ Resident birthdays and anniversaries for month will be acknowledged
- ◆ Tom LaRock, *Junction Trio* band leader, entertains during dinner

BOOK CLUB

Thursday, April 19

10:30 AM Magnolia 1st Floor Parlor

- ◆ Members select books for reading and facilitate monthly discussions
- ◆ *Special invitation extended to new residents in the community; please join this group when you are settled in*

DOCUMENT SHREDDING FUNDRAISER

Saturday, April 21 9 AM – 12 PM

Bermuda Run Town Hall Parking Lot

- ◆ Bermuda Run Garden Club sponsors COR 365 mobile shredding service
- ◆ \$5 per brown grocery bag/equivalent size box
- ◆ *Proceeds benefit several worthy Davie County community programs*

BINGO

Tuesday, April 24

2:30 PM Dining Room

- ◆ Play 10 games of BINGO
- ◆ Cost \$1/game
- ◆ Everyone plays two cards
- ◆ *Invite friends to join you*
- ◆ **Bring 10 one-dollar bills; we are not prepared to make change**

APRIL FOOD SERVICE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 EASTER BRUNCH BUFFET \$24.99 <i>Menu listed at bottom of this page</i> DELIVERY OPTIONS Chicken Salad Croissant \$9 Fruit Salad; Broccoli Salad Cottage Cheese w/Pear Half Health Center Menu \$8.95	2 DINNER SPECIAL \$23.99 Beef Wellington Whipped Chive Potatoes Asparagus	3 DELIVERY OPTIONS Bacon Cheese Burger \$10 Lettuce, Tomato, Mayo French Fries Health Center Menu \$8.95	4 SINGLE RESIDENTS MONTHLY DINNER Limited Menu \$18.99 Pan Seared Scallops with Lemon Butter and Basil Oil Spinach and Boursin Stuffed Chicken with Bacon Jam Steak au Poivre Potato Croquettes Green Beans Almandine	5 LUNCH BUFFET \$9.99 Herb Roasted Chicken Thighs Sliced Roast Beef with Gravy Creamed Corn; Collard Greens Whipped Potatoes Candied Yams Cranberry Salad Carrot Raisin Salad Fruit Salad; House Salad	6 COFFEE HOUR Cinnamon Doughnut Holes	7
8 BRUNCH BUFFET \$14.50 Green Bean, Cheese, Bacon and Egg Strata; Sausage Links Cinnamon Rolls Cream Cheese Icing Roasted Turkey with Gravy Tater Tots; Roasted Cauliflower Fruit Display; Yogurt Parfaits Composed Chef Salad DELIVERY OPTIONS Meatloaf w/Tomato Glaze \$13 Smashed Potatoes; Fried Okra Health Center Menu \$8.95	9 DINNER SPECIAL \$16.99 Spinach and Bacon Stuffed Flank Steak Roullade Wild Rice Parmesan Broccoli	10 DELIVERY OPTIONS Braised Short Ribs \$17 Mac and Cheese Health Center Menu \$8.95	11 BIRTHDAY NIGHT Limited Menu \$19.99 Chicken Marsala; Filet Medallions with Goat Cheese & Demi-glace Herb Crusted Mahi Mahi with Mango Salsa Spring Pea Risotto Blistered Tomatoes/Asparagus Tips	12 LUNCH BUFFET \$9.99 Beef Stew Pork Medallions with Apple Chutney Parsley White Rice Lima Beans Spring Peas and Carrots Corn Bread Potato Salad; Macaroni Salad Caesar Salad; Fruit	13	14
15 A LA CARTE BRUNCH DELIVERY OPTIONS Poached Salmon with Basil Beurre Blanc \$15 Garlic Butter Angel Hair Pasta Roasted Carrots Health Center Menu \$8.95	16 DINNER SPECIAL \$23.99 Pan Seared Duck Breast with Orange Cranberry Glaze Butterrum Squash Couscous Wilted Spinach	17 DELIVERY OPTIONS Grilled BBQ Pork Chop \$16 Roasted Baby Potatoes Creamed Spinach Health Center Menu \$8.95	18 BIRTHDAY NIGHT Limited Menu \$19.99 Chicken Marsala; Filet Medallions with Goat Cheese & Demi-glace Herb Crusted Mahi Mahi with Mango Salsa Spring Pea Risotto Blistered Tomatoes/Asparagus Tips	19 LUNCH BUFFET \$9.99 Stuffed Shells with Bolognese Florentine Manicotti Garlic Bread Lemon Mixed Vegetables White Bean & Cucumber Salad Golden Beet Salad; Fruit Spinach Salad (choose toppings)	20 COFFEE HOUR Lemon Cranberry Muffins	21
22 BRUNCH BUFFET \$14.50 Eggs Benedict; Blueberry Pancakes Hash Brown Casserole; Croissants Roasted Butternut Squash Spring Peas with Basil Ham Steaks with Glaze Ambrosia Salad; Fruit Display Mixed Greens Salad (Feta, Cucumbers, Cranberries, Strawberries, Almonds) DELIVERY OPTIONS Crab Cakes \$17 Rice Pilaf; Creamed Spinach Health Center Menu \$8.95	23 DINNER SPECIAL \$21.99 Carved Prime Rib Whipped Garlic Parmesan Potatoes Asparagus	24 DELIVERY OPTIONS Filet with Demi \$20 Baked Potato Parsnips Health Center Menu \$8.95	25 EASTER BRUNCH BUFFET MENU (April 1: 11:30 AM - 2 PM) Asparagus & Swiss Quiche; French Toast Casserole; Bacon; Sausage Carved Honey Ham; Carved Roasted Lamb; Whole Roasted Herb Chicken Stewed Green Beans & Tomatoes; Squash Casserole; Roasted Potato Wedges Deviled Eggs; Fruit Display Chopped Salad (Bacon, Eggs, Basil Chiffonade, Cucumbers, Tomatoes, Greek Vinaigrette, Balsamic Vinaigrette) Smoked Salmon Display (Herbed Cream Cheese, Crostini, Capers, Olive Tapenade, Roasted Red Peppers, Lemons) Apple Cobbler Muffins; Pecan Pie; Cinnamon Roll Bread Pudding!	26 LUNCH BUFFET \$9.99 Shrimp and Grits Meatloaf with Glaze Mashed Potatoes Black Eyed Peas Glazed Carrots Pimento Cheese with Crackers & Vegetables Slaw Watermelon Salad Cheddar Biscuits House Salad	27 CELEBRATE COMMUNITY AT HAPPY HOUR Mini Tomato Tarts with Basil Crème Fraîche Smoked Salmon and Boursin on Bagel Chips Mini Chocolate Cakes with Strawberry Filling	28
29 A LA CARTE BRUNCH DELIVERY OPTIONS Grilled Lemon Pepper Shrimp Skewers \$14 Pesto White Rice Steamed Broccoli Health Center Menu \$8.95	30 END-OF-MONTH DINNER BUFFET					Make dining reservations with the Front Desk at 336-998-6112. Reservation Deadlines: Sunday @ 2:30 PM Saturday; Dinner @ 2:30 PM; Holiday @ 2:30 PM day before Regarding Sunday and Tuesday Delivery Dinner Options: You may order EITHER the Health Center Menu, published week in advance and available on the Message Center, OR alternative option listed on this menu.